7 September 2015

PRINCIPAL’S REPORT

Week 8 of Term 3 always brings with it mixed emotions. This is the start of September; the beginning of Spring and it signals the start of a very busy time in the life of a school including assessment, subject selections and a variety of extra-curricular activities.

There have been some temporary staff changes at Mackay State High School. Mr Paulger has taken a well-earned break for the last 3 weeks of this term and I am taking his place for this time. Mr Doyle will be taking over the Junior Secondary Deputy Principal reigns while I am Principal. Similarly, Mr Doyle will be replaced by Mr Monaghan as the Acting Head of Department of Health and Physical Education.

Subject selections for 2016 are in full swing and I would like to thank all parents for your interest and engagement in this important process. Our school held our annual subject selection information evening on Wednesday 2nd September. During this evening students and parents had the opportunity to meet with teachers and Heads of Department from various faculties and ask them specific questions in relation to their programs.

The QCS Test (Queensland Core Skills) was undertaken by our Year 12 students on Tuesday 1st and Wednesday 2nd September. QCS is a contributing factor to the overall OP ranking for our Year 12 students and I took the opportunity to wish all Year 12 students completing QCS all the very best at their morning breakfast. It was important that all students focussed and did the best they could in every session. Special thanks go to Mrs Sharon Barnard (Head of Department - Senior Schooling) and to our teachers for their work in helping students prepare for these tests.

The State Government announced plans to replace the current senior school Overall Position (OP) system in 2018 for students graduating Year 12 in 2019. Over the next few years the process will be developed and trialed prior to implementation in 2018. There will be considerable consultation with schools, teachers, parents and the wider community. The new systems will include:

- a new senior assessment model that combines school-based assessment assessment developed and marked by teachers with external assessment developed and marked by the Queensland Curriculum and Assessment Authority
- new processes to strengthen the quality and comparability of school-based assessment
- a move from the existing Overall Position (OP) tertiary entrance rank to an Australian Tertiary Admission Rank (ATAR), in line with other Australian states and territories.

Congratulations is extended to the Senior Optiminds team on moving through to the state competition being held in Brisbane, we know that you will perform well and represent Mackay State High School to the best of your abilities. During the recent RAQI Inter-school Chemistry Titration competition, our Year 12 team were the top team, with our Year 11 team running second, against student teams from across State and Private Secondary Schools in Mackay – Great culmination to Science Week. Our musicians went on to show their excellent quality at Mackay’s Orchestras and Bands competition winning three Gold and one Silver award. Arts Under the Stars was an excellent event showcasing the high quality of our school in the Arts area. Lastly, Mackay State High School was represented for the first time in the regional finals for F1 in schools, we were lucky enough to have 3 teams selected to progress onto the state level.

I would like to extend a thank you to our Teacher Aides without your assistance I know that staff and students would not achieve the results that they work so hard to achieve. Friday 4th September is Teacher Aide Day and in a show of appreciation certificates were presented on full school assembly, so please extend a thank you in appreciation of the hard work that they all put into helping throughout the school.

With just three school weeks remaining until the September holidays and senior exam block occurring next week, one of the best ways parents can assist teachers is to help monitor student engagement and guide their children to work towards an effective balance between school work and other activities.

Great state. Great opportunity.
I wish all students the best of luck with their upcoming assessments.

Mr Frank Brunetto
Acting Principal

YANTI VISIT

Yantai Delegates visit

Mackay Region has a Sister City relationship with Yantai, a city of over 6 million people on the coast of northern China. I was privileged to be part of the meeting to discuss future links between schools in both cities. Discussions raised the proposal of arranging a regular exchange between students in Yantai and those in Mackay, hopefully to commence in mid-2016. Our meeting proposed that we host a small number of students for 2 weeks in July 2016 at our school, Whitsunday Anglican and CQU. The Council is keen to strengthen ties around tourism and other industries and business as well.

JUNIOR SECONDARY NEWS

General News

Enrolment Interviews took place recently for our incoming 2016 Year 7 students. We met some very nice and keen new faces. If you have a son/daughter who will be attending Mackay SHS next year and has not yet had an enrolment interview, we will be running another round of interviews in the near future. Please phone the school on 4957 9179 to notify us of your intention to enrol. If you have a friend, neighbour, relative etc in the same position, please also pass this information on to them.

Our Junior Secondary Leaders are continuing to finalise plans to help combat the age old problem of litter. We really need to develop a better culture around keeping our surroundings in a better state.

I’m sure many parents can remember back to their own school days, where the same concerns existed. Same old, same old!! I look forward to a lot of positive support from all our Junior Secondary students, and hope the year 10, 11 and 12 cohort follow their lead. The challenge is on.

You don’t live it at home, don’t live it at school!!

Since the last newsletter, our Year 7’s all participated in a geography excursion. They went to Dumbleton Weir where they saw a small section of Mackay’s water storage system. It is from here, that water is pumped to our water treatment facilities. They also visited the Gooseponds, and the Botanical Gardens are to compare and contrast the local environments impact on water quality and local wildlife.

Students had a very comprehensive report booklet to fill out as part of their assessment. Hopefully, many came away from the day with a better awareness of the impact of the local environment on their water quality. May they relate their observations to the quality of the school grounds.

Lastly,

I remind students that getting entertainment from watching others argue or fight demonstrates complete cowardice. I encourage everyone to demonstrate some “Strength and Courage” when faced with this, and reinforce to those around them to step in and support positive and mature behaviours from each other.

Thought of the Newsletter

All life demands struggle. Those who have everything given to them become lazy, selfish, and insensitive to the real values of life. The very striving and hard work that we so constantly try to avoid is the major building block in the person we are today.

Pope Paul VI

Always remember:

Mr Matt Skinner
Junior Secondary HOD
ARTS NEWS

What an action packed month!

ARTS UNDER THE STARS: adrift

Arts Under the Stars, our annual arts event was presented to an excited Mackay community on Friday, 21 August. The festival showcased the fantastic and diverse outcomes of our Arts curriculum.

The huge night was the result of many people – Arts and other staff, Arts students, parents and guest artists – working together to entertain around 400 visitors who passed through the gate. Patrons again snapped up the eye-catching souvenir T-shirts, feasted on popcorn and fairy floss and were treated to the culinary delights of Hospitality students’ High Tea.

A feast of entertainment was enjoyed by the audience, including:

- The Painting Port, an interactive painting area where competing participants tried their hand at revising a master’s work and art teachers Glenda Hobdell and Catherine Hodby completed a massive performance drawing inspired by the ocean;
- The Jabiru Jazz Club featuring The Trombone Trio and Year 11 Music assessment performances;
- The Glacial Gallery and Batik Bay, displaying a range of creative digital and actual artworks;
- The Box Theatre presenting Year 12 Drama Physical Theatre non-realist pieces and Year 10 short plays;
- Film, Media Studies and Visual Art works in the Cyclonic Cinema
- Video artworks being made with PS4s and Adobe Premiere in the Machinima Marina;
- Living Libraries – Year 9 Drama monologues;
- The Tsunami Stage performances – Year 9 Shadow puppets, Instrumental Music groups and Vocal performances.

Some memorable highlights of the night were a direct result of the Masterclasses that students participated in on the previous day.

ARTS MASTERCLASSES

A highlight of this year’s event was the presentation of work achieved by our extension students in the areas of Visual Art, Film, Drama and Music. 49 selected students from each of the Arts areas participated in Master Classes on Thursday, 20 August presented by four guest artists. The visiting creative professionals offered workshops in areas of Emotive Markmaking, Adobe After Effects Animation, Non-realist Theatre and Vocal Performance.

After Effects with Alister Ferguson

A group of 8 Film students were privileged to work with Alister from Wild Things Creative. Alister has an amazing list of credits to his name, having been a key animator on major productions such as Happy Feet, The Matrix and Star Wars, and was an wonderful inspiration for our budding film makers.

http://vimeo.com/138273713

http://vimeo.com/138273710

http://vimeo.com/138273711

Emotive Markmaking with Dave Machen

15 Art students worked with Dave, exploring the potential of the drawn and painted mark as an emotional device. Dave, a noted painter and sculptor who works between his Australian and French studios, honed the students’ skills using a variety of traditional media (charcoal, graphite, acrylic paint).

Vocal Masterclass with Kristina Kelman

13 Music students from Years 8 to 12 were thrilled to work with enchanting Jazz singer and QUT lecturer, Dr Kristina Kelman. Kristina took these students to new levels of voice tuition with their progress featured on the main stage at Arts Under the Stars. A highlight of the night was Kristina’s fantastic performances with her Masterclass students, including a moving rendition of Amy Winehouse’s Valerie.

Physical Theatre with Steven Mitchell Wright

13 Year 12 Drama students learnt a disciplined approach to theatre performance under the direction of talented Danger Ensemble artistic director, Steven Mitchell Wright. The work of the students impressed Steven greatly, leaving him wanting to return to work with them again despite not being able to be with them for their debut performance in The Box Theatre at Arts Under the Stars.
Drama Masterclass

MASTERCLASS AWARDS

The Mackay SHS P&C generously donated prize money for recognition of our emerging artists across all areas. The Masterclass artists each selected students who they felt were stand-outs on the day.

Congratulations to:

Animation
Devon Teahan 11D1 – $90 JB HiFi gift voucher
Blake Grosskreutz 12D3 – $55 JB HiFi gift voucher

Emotive Markmaking
Gabrielle McKnouly 11C1 – Art supplies to the value of $90 (supported by Milton Framers)
Shaina Agustine 12D3 – Art supplies to the value of $55 (supported by Milton Framers)

Vocal Masterclass
Megan Oliver – $90 JB HiFi gift voucher
Paige Omecke 11F1 | Evelyn Pupungatoa 11D1 – $55 JB HiFi gift voucher

Physical Theatre
Elliott Campbell 12M1 – $90 JB HiFi gift voucher
Lisa Connell 12C3 – $55 JB HiFi gift voucher

The artists’ feedback following the workshops was testimony to the great work that is happening in our Arts classrooms.

Steven Mitchell Wright mentioned the students’ research and ability to ‘bounce’ ideas around the room was efficient and excellent. The process took just over an hour, which would normally take Steven up to 4 months to complete. He was blown away. He thought our students were very professional and willing to try anything, which was very easy for him to work with.

Alister Ferguson was utterly impressed with the students and stated that they were far more conscientious and well behaved than the students he has taught from the private Brisbane college where he usually conducts his workshops. The 8 students involved really did the school and the Arts Department proud. Alister couldn’t stop marvelling at their dedication especially since it was an intense workshop.

Thanks SO MUCH for the opportunity! I had a fantastic time.

I was really inspired when I left on Saturday – the singers have so much potential. I would love to see them continue that group. Their open-mindedness, willing to push what they know and growth on the day was inspiring. (Kristina Kelman)

BRIDGE AWARD

The Bridge Award is an exciting youth development program that is now offered by Mackay State High School. By doing the Bridge Award, young people get active, make new friends, help others and learn new skills.

The Award is for young people aged from 11 and a half and comprises of two levels. Each level involves participating in a Skill, Adventurous Journey, Physical Recreation and Community Service element. Young people choose their own activities and set their own goals.

The Bridge Award provides participants with an opportunity to get involved in something different and to challenge themselves. It is also a great introduction for the many young people who progress on to the Bronze Level of The Duke of Edinburgh’s International Award (from 14 years).

It’s easy to get started as a participant. Drop by and see Miss Wood who is the Award Leader at Mackay State High School. Further information is also available at www.dukesaward.qld.gov.au.

HOME EC

High Tea

A big thank you to everyone who supported the Year 12 High Tea at Arts Under the Stars. We were so popular that we had to turn people away before 8pm. We are truly sorry if you missed out. A very big thank you must go to Principal Steve Poulger who spent approximately 45 minutes washing dishes during our service. Also to the Year 12 Hospitality students who served customers and prepared food along with Mrs Margaret Scott who helped coordinate this event and Mrs Marisa van Zyl for giving up her time to assist the students on the night. THANK YOU!!

Mrs Pauline Place
SAC – Home Economics

WORKPLACE PRACTICE STUDENTS

On Monday the 31st August 2015, we donated a garden chair, 4 DVD players, multiple DVDs, and 4 earphones to the Mackay Base Hospital Children’s Ward. We raised the money by having 2 sausage sizzles and a lolly jar. We raised about $900. The reason why we wanted to donate to this facility was because there are always different children in the ward and some are in there for a long period of time and have nothing to do. This project was part of our Certificate II in workplace Practices. We
would like to give a big thank-you to all the students and stuff that helped us raise this money. We would also like to thank Mr Meyers, Mr Marchant and Mrs Cheers for supporting us on the day, with taking the items out to the hospital, and supporting us along the way. We would also like to say a big thank you to Brad Morley from BradWeld and Fabrication Slade Point for the kind donation of the piece of aluminium for the plark.

By Phyllis Marchant-Galvin, Madelyn Meyers, Cody Ainslie and Tristan Geach

MATHS

Tutoring

Every Monday 3-4 pm in A08

Students can get help with assignments, exam preparation, oral presentations etc.

ENGLISH

ESL

ARE YOU AN E.S.L. (English as a Second, or third or fourth Language) STUDENT WHO NEEDS SOME EXTRA HELP WITH ASSIGNMENTS? You are eligible for:

What: Extra FREE tutoring for ESL students
WHEN: Every Wednesday 3pm to 4pm
WHERE: D05 classroom
WHO with: Mrs McGuire and Mrs Baxter

Bring along your assignments or homework for help with grammar and vocabulary; or to understand the task requirements.

AGRICULTURE NEWS

Greetings from Agriculture. With the current economic climate and the ever increasing shortage of positions in the job market, it is timely to consider what a career in Agriculture has to offer.

Our Agriculture Department at Mackay State high has to offer subjects that can lead to further studies at university for agriculture related jobs or for the important practical jobs such as on-farm, or support industry in engineering trades for example.
Below is a copy of a feature in the ‘Courier Mail’ jobs section last Saturday 15/8/15. It contains an important message regarding jobs in the Agricultural Sector. The highlight to note that there is more to Agriculture than being a farmer, and there are plenty of jobs out there. It is something for our students to consider – a career in Agriculture.

**SCIENCE**

**Senior Chemistry District Titration Competition**

On Friday 21st August (the last day of science week) our school held the District Titration Competition (an analytical technique to determine an unknown concentration of a solution). Many schools both private and public attended the event held in our senior laboratories.

Our Year 12 Titration Team consisting of Isla Fitzpatrick, Megan Oliver and Kyra Seaborn **WON** the competition with a great degree of accuracy!!!

Our Year 11 Team consisting of Telena Hona, Caitlyn Mittelstadt and Praise Chabata came an impressive SECOND!!

Well done to our senior chemistry titration teams, you have done our school proud with such a prestigious achievement. What a wonderful way to finalise Science Week!

A very big thank you to Mr Des Patton, our long standing science officer who trained our teams all term to get them to the level they achieved.

**BLUE CARD WINNERS**

The students who are the lucky recipients of a $10 tuckshop voucher from the blue card draws this term so far are:

- Week 2: Bronti Whitmore and Allysha Grant
- Week 3: Ian Williams and Jayden Paskins
- Week 4: Chaila Tumampos and Kayla Doherty
- Week 5: Flavia Dzimahhete and Jacob Francis
- Week 6: Ashleigh Cairns and Chaila Tumampos
- Week 7: Lachlan Gergits-Tett

Congratulations to these students and great work to all the students receiving blue cards for demonstrating positive behaviours around the school.

Keep up the good work!

**SCHOOL MAGAZINE**

From the editors desk

The School Magazine is well underway and reaching the end of production and ready to print for the end of year...yes, it is fast approaching.

All students have been invoiced $15 for the purchasing of our annual magazine, a toast to a great year at Mackay State High School.

Just a friendly reminder that the payment cut off is end of this term, so make sure you get those payments in and don’t miss out on this highly anticipated splice of Mackay High life.
Hi All!

Messages to Staff
Should you need to contact a teacher you are welcome to send your email to admin@mackayshs.eq.edu.au and we will forward it on your behalf to the specific teacher or year coordinator.

Office Times
The office opens 8:00am to 3:45pm daily.

Magazine
A reminder, the payment for our 2015 Magazine (Yearbook) will close at the end of this term. If you are having difficulty making your fee payments please give me a call to discuss options we have to assist you.

Email address
Have you provided us your contact email address? We can include this in your contact details so that you receive invoices directly as they are processed rather than waiting for a statement.

Tender
We are advertising our Toro Workman for tender. If this vehicle would be useful to you please provide us with a tender ASAP so that you can remove it before the end of term.

Bpoint
Parents will notice a change to the way they can pay school invoices. The new payment method of BPPoint is now available as an online payment system.

BPPoint can be accessed via ANY Computer or Smart Phone. Payments accepted via MasterCard or VISA, and is a secured payment method.

Parents can log into: www.bpoint.com.au/payments/dete. Once you have logged in you will need the information from the school invoice to complete the BPPOINT payment page.

Please refer to the attached instructions.

Until next time .... Marg Brown

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FOR SALE BY TENDER

Toro Workman MDX Small Truck (2009) – Fair condition

The successful tenderer must remove the vehicle from site ASAP

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Tenders close 4 September 2015 and vehicle must be off site by 18 September 2015

Please send your offer to: Business Services Manager

- Mackay SHS – PO Box 5665, Mackay MC 4741
- admin@mackayshs.eq.edu.au

ANNUAL AWARDS NIGHT

On the 4th of November 2015, Mackay State High School will hold its annual awards evening at the Mackay Entertainment and Convention Centre. It’s an opportunity to recognise the hard work undertaken by our students throughout the year in all areas of their schooling life.

This year students will have the opportunity to undertake a self-nomination process for the following school participation awards: Leadership, Cultural and Citizenship. Over the past week, this new process has been explained to all students on their allocated Year Level Parades, in relation to the eligibility and verification of the self-nomination process. Students wishing to nominate for each of these awards have already been provided a nomination form, if any students require a form or need extra forms please see Mr Brunetto. The closing date for the nomination process is 4th September 2015. All nominations are to be handed to Mr Brunetto by this date for consideration. If any further information is required in relation to this process please do not hesitate to contact either Deputy Principal Mr Brunetto or the HOD of Junior Secondary Mr Matthew Skinner.

Donations

Each year Mackay State High School acknowledges, celebrates and rewards the many successes of our students, across all areas – academic, cultural, sporting and service, at our Annual Awards Night. This year the school is seeking support in the way of donations to be awarded to students on the night. If you have a business or company and would be willing to show your support in this way, we should really like to hear from you.

Donors are acknowledged in the Award Night program, as well as in the school newsletter. As we draw a significant number of families from the local community this is an excellent opportunity to provide exposure for your business or company, while also showing support for our school and its students.

For further details or to discuss your donation please feel free to contact Ms Mel Davidson during school hours. Your support of our students will be very much appreciated.

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QCAA – POSITION VACANT

Expression of Interest

Temporary casual position with the Queensland Curriculum & Assessment Authority Mackay district office during the 2015 Verification period.

The position involves receiving submissions in from schools and checking that all components of the submission have been included. Packing the submissions to send to panellists prior
to the meeting. Attend the Verification meetings Monday 19 October (involves a lot of walking and carrying submissions/boxes), and then packing submissions (following the verification meeting) to send back to schools.

The suitable applicant would be;

Fit and able to lift submissions/boxes up to 10kg in weight

Able to work quickly and accurately – with particular attention to detail

Able to follow the Code of Conduct for the Queensland Public Service; code of conduct with particular emphasis on maintaining confidentiality.

Available to work the following days and hours (all days and hours are yet to be confirmed, and are dependent on the workflow at the time)

- Tuesday 6 October 2015 – 4.5hrs
- Monday 19 October – 5hrs
- Tuesday 20 October – 7.5hrs

If you are someone that would suit this type of work during this short period of time, please contact the QCAA Mackay District Office before 9 September, by email mackay@qcaa.qld.edu.au with a short note about yourself and a contact phone number.

Q PARENT

SCHOOL BASED YOUTH HEALTH NURSE

RUOK? By asking someone those three little words you could start a conversation which could change a life. Everyone can make a difference to a person who might be struggling just by sitting down and talking with them.

45% of Australians will experience mental illness in their life time and there are an average of 2320 suicides in Australia each year. That’s a lot of lives that are touched. It is important for young people to learn to talk about how they feel. Life’s struggles don’t go on hold when we start work or school so it is important to look after colleagues and friends who might be doing it tough. At Mackay State High School students are encouraged to talk to a teacher, a friend, or a member of the Student Services team if they have anything bothering them.

RUOK? is a not for profit organisation founded by Australian, Gavin Larkin in 2009. Thursday September 10, 2015 is RUOK? DAY and a chance to remember that a conversation could save a life. The school will be marking the day with a BBQ and a visit from Headspace Mackay. Headspace provides support and information services for the health and wellbeing of young people aged 12-25. They can be contacted by phoning 49862200. Lifeline can also offer support by phoning 49442300 or 1300 370 255.
Don’t forget that by asking how someone is doing you could start a conversation and change a life.

Trixie Mills
SBYHN

P & C NEWS

Judy Toohey Retirement

Wednesday 19th August Mackay State High School community thanked Judy Toohey for 22 years of dedication in our tuckshop. At parade, staff, parents and students showed their appreciation with a small presentation to Judy. She started as an employee with the P&C on 11 August 1993. We are hopeful Judy will drop in as a volunteer when not spending more time with her family. Congratulations Judy.

Tuckshop volunteers

Any time shared is valued!

3 hours is great in the morning 9-12pm

Please visit tuckshop to see how you can help! Tasks vary from food preparation, customer service, stocking fridges and general cleaning. We currently spend around $80 000 a year on wages. Could you contribute 3 hours a month? Reducing wages means greater financial contribution back to the students.

Assistant to the Treasurer

Interested in sharing your knowledge of Accounting/ payroll. The old age saying of “if you want something done, ask a busy person” is certainly true in our P&C. We have over 15 dedicated members attending our 1 1/2 hour monthly meetings. We are hopeful there’s a parent in our school community who has some financial knowledge (or is keen to learn). You would be supporting the current treasurer. Banking, payroll and accounts are completed electronically. Please contact Tanya Williams or Cheryl Gilbert at pandc@mackayshs.eq.edu.au for more information.

Next meeting

26th October 2015 - discussion planning for budget 2016

BREAKFAST CLUB

VENUE - At the Hall Canteen
TIME - 8.00am – 8.45am (Monday –Thursday)
MENU –
Monday - Toast and spreads with Milo on Mondays
Tuesday - Scrambled egg, toast, cereal on Tuesdays
Wednesday - Pancakes, toast, cereal on Wednesdays
Thursday - Fruit Smoothies, toast, cereal on Thursdays

Everyone is welcome to come along for a bite to eat and a friendly chat to start the day. Eating breakfast gives us more energy to get through the day and it’s a good way to make friends at the school. We look forward to seeing new and familiar faces.

A special thanks to Sydney Street Brumbies Bakery who have supported Breakfast Club every day for 7 years with their delicious Bread.
**Eimeo SLSC Sign On Days & Open Day 2015/16**

**Sunday, 30 August 9am - 12 noon at Memorial Pool**

**Sunday, 1 September 8.45am - 11am**

**Eimeo SLSC - we are our 13**

**Next available Day:**

**Saturday, 12 September 8am - 11am at Memorial Pool**

**Sunday, 13 September 8.45am - 11am at Eimeo SLSC**

Your membership includes:
- Membership to our Supporters Club
- All Rescuing training courses
- New patrol uniform upon completion of a Bronze Medalion / Certificate III in Public Safety (Aquatic Rescue)
- Participation in surf sports carnivals
- Training with qualified coaches
- Club functions including the Annual Dinner
- Access to the Surf Club amenities including change rooms, showers and kitchen
- Club newsletter
- Youth Camps
- Noosa programs

**The Fox Manual**

**Register Online Now!**

**Register before 6 September to receive your FREE shirt!**

**Mackay District Junior Rugby Union 2015 Season**

Get into Rugby!

*Starts Friday 28th August*

16 week season with three week break over September School holidays

Every Night Training and Games at Quarry Hill & Saturday Games/Carnivals in Mackay & Airlie Beach (see draft draw over page)

$120* player registration includes MDJR training shirt

(*Maximum $350.50 per family, Rookie/Men’s & Country Muster Players and Qld Government get Started funding available)

Age Groups and Friday night Training & Game times:
- U6s (Born 2009, 2010): 4pm to 5pm
- U8s (Born 2007, 2008): 4pm to 5pm
- U10s (Born 2005, 2004): 4.30pm to 5.45pm
- U12s (Born 2003, 2004): 5.00pm to 6pm
- U14s (Born 2001, 2002): 6.00pm to 7pm
- U16s (Born 1999, 2000): 6.30pm to 8.00pm

**SIGN on at Quarry Hill 4.00pm to 6.00pm 21st August ONLINE REGISTRATION NOW OPEN at www.rugbylink.com.au**

Search “Mackay District Junior Rugby Union” or our website www.mackaydjrugby.com.au

Contact us on rugbylink@outlook.com or

Co-presidents: Jo & Doug Blackhurst - 0430 581 993

**2015 Sponsors:**

**Supported by:**

**Dear Parents, caregivers and students**

I would like to invite you and your whole school community to take part in the 2nd Annual Mackay Sugar Run For My Life Fun Run, which will be held on the 16th of October, 2015 at Wests Leagues Club in Walkerston. The Fun Run will be followed by breakfast from 7AM until 10AM on the fields at Wests Leagues Club. This run really is a fantastic local event that is very popular and heaps of fun! This event is being held in honour of my brother Matthew Inray, who we lost to suicide on 1st of October, 2012. We are hoping to raise awareness and funds for the depression and suicide problem in the local Mackay area. Money raised will be donated to GIVE, which is a local group that are working towards the same goal. We also work closely with the Queensland Suicide Prevention Association (QSPA). We are encouraging everyone to register and get involved as this topic affects everyone. Families, friends, schooliors and walkers are all welcome! Please go to our website to register and find out more. Sponsors are still needed or you may like to make a donation, then, if you register before the 6th of September, you and your children will receive a “Run for My Life” runner’s shirt with your registration. Please, if you would like more information my mobile is 0408 079 471. Or you can “like” us on Face Book at Run For My Life

Thankyou,

Kind Regards, Jo Shanks