PRINCIPAL'S REPORT

On Monday 29th October, our Annual Awards night will be held at the MECC. The night is a celebration of the achievements of our students and school throughout 2012 in Academic, Cultural, Citizenship and Leadership endeavours as well as several key sponsored awards for our high performing students. Junior and Senior Sportsperson of the Year will also be announced. Congratulations to all of the worthy recipients of awards, their families for the support provided and their teachers for the effort and planning committed to these students. Special thanks to the many individuals, families and businesses which provided sponsorship to allow us to provided recognition and shield for these outstanding students.

On Tuesday evening last week at the Mackay Eisteddfod our accomplished bands performed in competition. Each of the performances was of high quality and Mr Johnston was very proud of the students. Our Stage band was placed 3rd, while our Concert Band was placed 2nd in a quality performance. Our Strings Ensemble was placed 1st in their division with a model performance. This is an outstanding overall performance and Mr Webster, Ms Boyd and Mr Johnston were very pleased with the high standard.

Several of our Year 11 students have expressed interest in participating in the yLead Student Leadership Conference based at James Cook University from 24-26th Jan 2013. This opportunity will allow each of them to learn a great deal about themselves and how they can maximise their impact as a Senior Leader in 2013. If your son or daughter may be interested in nominating, please collect a yLead flyer from the office and give me a call.

With sponsorship support from QR National, yLead will also convene a Leadership Conference for Year 10 students here in Mackay in November. Our school has been invited to nominate 30 students to attend on 8th November. Each year yLead brings the one day program to one of the regional cities. Students invited will be given a letter advising of the program.

Our Optiminds contestants performed in the State Finals again this year and were awarded State Honours. Congratulations to Mrs Lyons, the students and their families for a great effort.

Each year our student Interact Club hold a Free Dress Day with gold coin donations on the day going toward the Salvos Christmas appeal to prepare Christmas food packs for less fortunate families here in Mackay. The Free Dress Day will be on Fri 2nd Nov. Shoes and sleeved shirts are required. Brief shorts are not permitted.

Continued over
Problem Solvers
Some students show outstanding application and persistence to seek out the solution to a set problem. This was the case last week when two of Mr Sumpter’s Year 11 Maths C students developed the complex and detailed solution to a major problem. See here the basic summary of the whole problem, that had working over two A4 pages. Congratulations to Mark Bico and Dat Huynh. Outstanding commitment and skill

Chaplaincy Spotlight
Chaplain Phillip Hall

Can you help the Breakfast Club?

The Breakfast Club Program is currently asking for donations of food items for the month of November. We are in need of grocery items such as: Vegemite, Peanut Butter, Margarine, Pancake Mix, and Bananas on Thursdays.

Your support would be much appreciated.

Items can be dropped off at the Office during Nov.

Enquiries Chappy Phil

Newsletters by email
Our fortnightly Newsletters will be emailed to you personally if you send your email address to the school office requesting to be included in the “silent” mail list for Newsletters. Email to admin@mackayshs.eq.edu.au to receive the newsletters. Alternatively, simply logon to our school website and review the collection of Newsletters.

THANKS TO BRUMBYS SYDNEY STREET FOR THEIR SUPPORT OF MACKAY STATE HIGH SCHOOL BREKKY CLUB
Mackay SHS Interact Club has a proud history of donating money for the Mackay Salvation Army Christmas Appeal. Last year students donated $10,000 to people in need in Mackay. We are hoping to make a similar donation this year.

To help raise this money, students are invited to take part in a free dress day on Friday 2nd November 2012 and to pay a gold coin for the privilege.

Normal rules apply: students must wear covered shoes and appropriate clothing, i.e. no singlet tops or midriffs.

Thank you for your consideration

Mrs A Wall
Interact Co-ordinator.

The English Department has a significant number of novels and textbooks that are outstanding, not only from 2012 but years past. Students are encouraged to have a look at home and bring back any English Department books they may have. Examples of these texts include ‘Holes’ by Louis Sacher, ‘Brave New World’ by Aldous Huxley, ‘Kite Runner’ by Khaled Hosseini etc.

Individual students in Years 11 and 12, with outstanding books, have already been identified and have the opportunity to return these books by the end of the week before they are billed for the cost of the novel/s. This process will also occur with students in Years 8, 9 and 10 over the ensuing weeks.

If you have any queries or concerns please contact me.

Claire Blessas
Head of Department
English

UPCOMING EVENTS

29th October  
Awards Night
2nd November  
Free Dress Day—Salvos Christmas Appeal
5th - 8th November  
Year 12 Block Exams
14th November  
Year 12 Formal
SCHOOL BASED & CASUAL AFTER SCHOOL/WEEKEND POSITIONS AVAILABLE

- The Lincraft store in Mackay has casual positions available for junior staff. The shifts available to work are: Thursday night, Saturday and Sunday. If you would like to apply please drop your Resume to Karen at the Lincraft Store, corner Bruce Highway & Heaths Rd or call 4942 0536.

- School Based Business Administration/School Based Accounting/School Based IT Positions available for students currently in year 10 or 11.

- Certificate 3 in Business or Business Administration - 1 position, Construction Company (Yatla), Open to students in Years 11-12 in 2013, Please direct any queries regarding this vacancy to our MEGT consultant: cherie.thompson@meqt.com.au

- A local electrician is looking to employ a year 12 student on a casual basis approx 10/12 hours per week until March 2013. Mick Young is a semi-retired electrician who is prepared to employ and teach the successful applicant the skills and onsite experience required to gain work within the electrical industry.

POSITIONS AVAILABLE FOR SCHOOL LEAVERS

The following local Accounting firms are looking to employ accounting cadets/trainees to commence in 2013:

- Bennett Partners
- CE Smith & Co – Mackay
- Rasmussen & Associates
- Strategic Accountants
- SH Tait & Co. (scholarship & cadetship available)

- The MRAEL Group is seeking dedicated applicants for two Apprentice Glazier positions. Candidates will have the opportunity to achieve a Certificate III in Glass & Glazing, whilst also gaining administrative skills, business operational knowledge and practical skills such as glass cutting, assembly of frames, shower screens and fly screens.

- Hutchinson Builders in Mackay are looking to put on an apprentice carpenter who has a strong interest in working in commercial construction. The applicant must have completed the Doorways to Construction Program, have some site experience and a clear understanding about the difference between domestic and commercial construction. To apply email your Resume and school report to Michelle Camilleri at Construction Skills Queensland michellec@csq.org.au

- The MRAEL Group is seeking dedicated applicants for the positions of Apprentice Cabinet Maker, there are two positions to be filled. Candidates have the opportunity to complete a Certificate III in Cabinet Making, whilst learning a variety of on-the-job skills

Apprenticeship opportunities for Doorways to Construction and Trade Start Participants:
- Bricklaying
- Domestic Carpenter

If you are interested in applying for these positions or would like more information see Mrs Dearden in P09 or call 4957 9152.
Learning to get on with others
Arguments between brothers and sisters are one of the ways that children learn to respect other people’s belongings and feelings. It is one of the ways children learn to solve problems. Learning to argue fairly and without hurting each other will help them get on with others.

Parents’ attention
Children in families also fight about parents’ love and attention. To children love means time and attention. Young children do require more attention, but allocating time to an older child is just as important and will make for better relationships all round.

Health
When feeling unwell resistance can be low for coping with adversity. We may be more sensitive to comments and less able to manage our own emotions.

What parents can do
Here are some steps you can take to help lessen quarrels.

• Protect the needs of each child, for example prevent older children’s activities from being interfered with by younger children and vice versa.
• Spend special time with each child on a regular basis.
• Allow each child to own some special things of their own that they don’t have to share. For younger children, see that there are more than one of the same toys, such as matchbox cars, so that they can play together without having to share. Two second hand tricycles are often better fun than one new one that has to be shared. If you have three children make sure that the same one is not left out every time.
• Invite other children over – children learn social skills through exposure and practise
• Children need their own bit of space which will not be interfered with by others, even if it is only a drawer.
• Try not to compare children with each other - this always leads to bad feelings.
• Be generous with hugs and affection to all your children.
• Make ground rules. Get your children to help you make some rules about what behaviour is not allowed in your home, for example name calling or hitting. Then if you have to step in, you do so because someone has broken a rule, not to take sides.
• When you can see that children are feeling upset, help them to find ways to express their feelings by talking about feelings. Play that helps with feelings includes water play, painting and play dough. For older children and adolescents it may be something like going for a run or playing their music. Talk with them about what helps.

Maintain good health - Healthy active children may exhibit greater tolerance / resilience and manage their emotions more appropriately when needed

Children need adults to teach them how to solve problems, and while squabbles may be annoying and stressful they also may be the means of teaching resilience as well as developing skills for managing relationships throughout our lives.
MIDDLE SCHOOL MATTERS

OPTIMINDS

Team Squishy represented Mackay State High School at the recent State Optiminds final held at the University of QLD. Students were involved in a 3 hour challenge to develop a response to a challenge and present in a skit style format. Students were also involved in an ideas market to develop a community project and how it would benefit their school community. Team Squishy received Honours. Congratulations to those students and Mrs Lyons in preparing and organising fundraising to be able to take on the best in the state in Optiminds.

EISTEDDFOD

Many of junior students have participated in the eisteddfod over the last two weeks. Special recognition needs to go to our strings ensemble who won their division. Our Concert Band received 2nd place in their division and our Stage Band received 3rd place. Individually many students have acquitted themselves well with some of our students winning their various sections.

YEAR 8 TOUCH FOOTBALL COMPETITION

Every lunch hour over the last week our Year 8 students have been having an inter-form group touch competition. The play has been fierce and all of the students have showcased their wonderful touch talents. Chattaway were successful in winning the tournament.

2013 Brisbane
Tertiary Student Accommodation

Raymont Lodge Residential College provides fully furnished accommodation for students who live 100kms from Brisbane and who wish to undertake tertiary study in Brisbane within a supportive Christian environment.

The College is centrally located, just 4km from the heart of Brisbane and in close proximity to the University of Queensland and the Queensland University of Technology and other places of study close to the city. All public transport is within easy access to the College.

Raymont Lodge provides modern and comfortable single room accommodation for up to 120 students in a safe and friendly atmosphere. All meals are provided as well as a number of other services including -

- internet access and individual telephones
- common room,
- music practice rooms
- free onsite car parking
- study rooms
- pastoral care
- swimming pool

Residents enjoy the College’s small community, its active Residents’ Association the opportunity to participate in a variety of team sports and to establish lifelong friendships during their stay.

More information is available online at www.raymont.com.au or by contacting the College 07 3377 9903. Tours can be arranged by appointment.

Raymont Lodge is a ministry of the Uniting Church in Australia, Qld Synod.
Mackay Sugar on behalf of Racecourse Mill, Farleigh Mill, Marian Mill and Mossman Mill urges all motorists and residents to be alert when approaching cane railway crossings. Please be prepared for the increased cane train activity during the 2012 season and stay safe!

For all community enquiries Contact Mackay Sugar Communication Department on 07 4953 8339

Centenary books
Centenary cookbooks
Are still available for purchase from Uniform Shop
NOW HIRING!

STORE ASSOCIATE OPPORTUNITIES!
With Christmas approaching, exciting opportunities exist for a variety of Full Time, Part Time & Temporary Store Associates!

As a key member of our team, you will be responsible for providing an exceptional customer experience to each guest every time and demonstrate a passion for delivering results.

In return you will be given the opportunity to work for a leading global retailer with a culture that is serious about fun!

To register your interest and attend our Job Fair go to www.toysrus.com.au

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MRAEL GROUP
The People People

School based Certificate III in Hospitality (Commercial Cookery)

Are you interested in starting a career in Commercial Cookery, willing to learn new skills and keen to commence an apprenticeship?

MRAEL Group are seeking motivated applicants for a Hospitality (Commercial Cookery) Apprentice. Candidates will have the opportunity to achieve a Certificate III in Hospitality (Commercial Cookery), whilst gaining skills and knowledge to be a competent, qualified cook. Successful applicants may be responsible for others and provide technical advice and support to a team.

The benefits:

• Achieve a nationally recognised qualification
• Opportunities to work in large, established Australian restaurants/hotels/dubscanteenas
• Opportunities to develop skills in owning your own hospitality business

What you will bring to the role:

• Enjoyment in cooking
• Excellent customer service and communication skills
• Have a strong attention to detail
• Show a high commitment to work place health and safety
• Have a strong work ethic
• Consistent attendance at school

For more information
www.mrael.com.au

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LIFEGUARD TRAINING COURSE
Mackay
26th Nov-30th Nov 2012
8:30am-4:30pm

This course will include:
• Bronze Medalist
• Advanced Resuscitation Techniques
• CPR and Patient Assessment
• Apply First Aid

To be eligible you must be:
• 15 years of age or older
• Able to swim 400m in under 8 minutes
• Pass any pre requisite training for Lifeguarding with NALGQ

Limited Positions Available
Apply Now

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EXPRESSIONZ
SATURDAY 27TH OCT

FIESTA EXPRESS: THE ULTIMATE UNDER 18’S DANCE AND MUSIC EVENT

FEATURING

JUSTICE CREW
PERFORMING ALL THERE HITS INCLUDING “BOOM BOOM” AND “SEXY AND YOU KNOW IT”

SPECIAL GUEST: AUSTRALIA’S GOT TALENT’S GENESIS

PLUS: DJ KIDD BENNY, DJ MOSES SMITH, DJ G SHINE AND OTHER SURPRISE GUESTS TO BE ANNOUNCED!!!

MACKAY PEYC ON NORRIS RD 8:30 – 11:00PM HIGH SCHOOL AGES ONLY

TICKETS $5 AVAILABLE FROM 19TH OF SEPTEMBER @ CASHIER CANALANDS LEVEL 1, MACKAY PEYC, WWW.MACCAUTED.COM OR ONLINE @ WWW.TICKETMASTER.COM.AU

WWW.FACEBOOK.COM.EXPRESSIONZ EXPRESSIONZMACKAY@gmail.com /PH: 0478175581

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To register your interest please contact a member of our MRAEL team on:

MRAEL GROUP
P.O. BOX 34925
MACCAUTED 4870

www.mrael.com.au
Invite a little bit of Italy into your home!

Become second parents to an exchange student as they adapt themselves to the Aussie way of life and share their cuisine, history and culture with you. Volunteer host families come from all walks of life and communities: rural, suburban and urban. Contact WEP for more information: 1300 884 733 or wep.org.au

Costanza participated in a semester-long student exchange program with World Education Program (WEP) Australia. At the end of her program, Costi shared the following:

Thank You! Two words that I probably didn’t have the chance to say properly so far. Thank you to the coolest host mum, to the nicest host dad and to the funniest host sisters ever! Thank you for making every day of my stay so wonderful and keeping away that homesickness that could have shown up without you. Thank you for all the little moments we shared together: Riley’s birthday, the pizza night and all our ‘Australian’s Next Top Model’ nights. Thank you for having been there for me in the worst moments. Of course it hasn’t been always smooth and soft, no one is perfect, and you got to know me and eventually accept me even when I make mistakes.

This is what I thank you for, for letting me into your family and say one more time: Thank you! You’ve been the most wonderful host family that I could possibly have!
CITY WIDE YOUTH NIGHT
GET PUMPED

MACKAY SALVATION ARMY YOUTH EVENT SATURDAY 27TH OCTOBER

@ SALVATION ARMY HALL
48 GREGORY ST, MACKAY
7PM - 9:30 PM (COFFEE AFTER)

MASSIVE GIVE AWAYS - LIVE BAND - GAMES
PHENOMENAL SPEAKER LEIGHTON TIME

FOR INFO - CALL EMMA 0418 858 187
Dundula State School
P & C Association

CENT SALE
At Souths League Club
2nd November 7.00pm Start

Snap Raffles
Lucky Door Prize
Prizes Galore
Grocery Bags, Mats, Manchester, Car Accessories, Pamper Packs and Lots Lots More!!!!

Mackay Basketball
U18 Girls Representative Program

Mackay Basketball is seeking any girls born in 1996 or 1997 who are interested in playing representative Basketball in 2012 – 13 for the Mackay Meteorettes to please contact MBI Director of Coaching Greg Vanderjagt on 0421 631 587 for more information.

Mackay Basketball rep teams allow players to improve not only their on court skills but be involved in a great team, family environment to promote social development.

Call today to get involved!

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DUNDULA STATE SCHOOL
P & C ASSOCIATION

CENT SALE
AT SOUTHS LEAGUE CLUB
2ND NOVEMBER 7.00PM START
SNAP RAFFLES
LUCKY DOOR PRIZE

PRIZES GALORE
GROCERY BAGS, MATS, MANCHESTER, CAR ACCESSORIES, PAMPER PACKS AND LOTS LOTS LOTS MORE!!!!