Principals Report

ANZAC Day was observed in a solemn ceremony held with our students and staff on Wednesday last week. We were honoured to have Paul Robertson, an officer from the New Zealand Armed Forces who served in East Timor, to speak in our event recognising the efforts of members of the Defence Forces of Australia and Allies since World War 1. Several students including Sophie Arnold, Zach Schill, Jasmine Sandes, Nikita Punch, Erin Gardner and Lachlan Ironside read stories that gave all present, an appreciation of the reason why we continue to show respect for the ongoing efforts of members of our Defence Forces and their families.

We were fortunate to have several of our students who are active Cadets, to be our Honour Guard. The band members played and Kate Brown and McDaniel Delfin played Last Post and Reveille. Kate and McDaniel also performed at the West Mackay and Victoria Park SS ceremonies and some of our Prefects also attended these events.

On ANZAC Day, over 150 students represented Mackay State High at the ANZAC March in the City with our School Captains laying a wreath on behalf of our school community. Thank you to the students, their families and staff who attended the community ANZAC Ceremony.

Year 10 students are encouraged to submit forms to participate in a two week block of Work Experience in late May. This will not only assist with students gaining some knowledge of what pathway they may follow after school, but also gain credit for one of the competencies for Cert 2 Workplace Practices. Forms should be gained from Mrs Dearden and returned promptly by all Year 10 students.

Recently elections were held for our 2013 Junior Secondary Leaders and it was pleasing to see several Year 8 and 9 students nominate for these responsibilities. Congratulations to those elected and I look forward to working closely with these students during the year.

Year 8  
John Hinks, Simone Muirhead, Shayla Walker, Kathryn Brown

Year 9  
Praise Chabata, Conrad Green, Monalisa Chokuda, Harrison Arnold

Our school is pleased to host Hon Jean-Paul Langbroek, Queensland’s Minister of Education at a morning tea for representatives from School P&Cs on Friday 10th May. Mr Langbroek has a number of commitments across the Mackay schools during his visit and our school is proud to have him choose our school for talk to parents on P&C Day.

NAPLAN testing is approaching and I have included a link to a Parent Information link for our Yr 9 families. [http://www.nap.edu.au/verve/_resources/NAPLAN_2013_Parents_Brochure.pdf](http://www.nap.edu.au/verve/_resources/NAPLAN_2013_Parents_Brochure.pdf)
OFFICE HOURS
Monday—Friday 8.00 am - 3.45 pm
UIFORM SHOP HOURS Monday, Wednesday & Friday 8.00 am - 10.00 am

2013 Queensland Core Skills (QCS) Test – Nomination of chief community representatives and community representatives.

To maintain the accountability, security and proper conduct of the QCS test, the Queensland Studies Authority appoints members of the community to carry out duties on behalf of the QSA.

I would like to invite members of the community to apply for the positions of chief community representative or community representative at Mackay SHS. This role requires the representative to observe the administration of the QCS test and report to the QSA on the conduct of the administration of the test – you do not supervise the students sitting the test. This will require your availability on Tuesday 3rd and Wednesday 4th September from approx. 8.10 am to 3.10 pm.

If you are interested in applying for one of these positions or have any queries please contact Mr Jim Wilson on 49579110 or drop into the school to pick up a nomination form.

Jim Wilson
Acting Deputy Principal

NAPLAN 2013

NAPLAN is a national test run each year in years 3, 5, 7 and 9. You will receive an individual report on your performance. Our school will also receive various ratings that represent our performance. It is therefore very important that you take it seriously.

NAPLAN is being conducted on Tuesday 14th, Wednesday 15th and Thursday 16th May in periods 1 and 2. Make sure you check the lists on the Year Coordinators window (Mr Siddle C block) as to where you should be each day. ALL TESTS ARE IN C and D-BLOCK. Tuesday and Wednesday are English, Thursday is Maths and most students will be based in form classes.

You need to be at form promptly at 8:45 am each day for role marking and then move quickly to your NAPLAN room to begin the testing.

UPCOMING EVENTS
10 May Visit from Education Minister for P & C Day
10 May Yr 10 - 12 English & Drama - Grinn & Tonic Workshop
14-16 May Year 9 Naplan Testing
17 May Yr 12 - “Absurd” - Grinn & Tonic Workshop
Wow! What an eventful beginning of the year has it been! We have some new members on the Cattle Show Team who are learning about cattle: for example how to lead, groom, feed, to round up all of the cattle from the paddock and they will also need to learn how to judge both commercial and domesticated cattle. After teaching the new members, hard work begun with breaking in the new cattle, which took a lot of time and effort, with having training on every Monday, Wednesday and Thursday afternoons from 3 o’clock to 4 o’clock. Our exciting news is we are now officially a registered Brahman Stud here at Mackay High. This means we can breed and show top breed line Brahman cattle.

There is also sugar cane growing at the school farm, which we are hoping to get into some of the shows we attend. The sugar cane was grown last year with help from Eric and Ms Fitzpatrick. This is the first time that sugar cane has been planted at the school in recent years. Normally at the back of the school - between the skate bowl and the agriculture classrooms corn is planted. When the corn is ready to harvest, the agriculture students help Eric to pick the corn cobs which are then sold around the school. There are also bees at the Kenilworth Farm. Honey is collected and put through the process of spinning and filtering the honey, it is then sold in 1kg containers around the school for $7 a tub.

While we were breaking the new cattle in, we thought that we may not have any cattle ready to show but we were wrong. All of the cattle are ready, hoping to get an excellent achievement from the shows we attend. The good news for cattle show team is one of the heifers, Ruby, is expected to give birth sometime this year to a calf, Mackay High’s first born Brahman.

We have also some chickens. Some of the students are hoping to get a chicken team going to be able to show them. The Special Education Unit is doing a great job looking after the chickens in the afternoon with collecting the eggs, cleaning out the pens, feeding and putting them away. We would also like to thank Ms Fitzpatrick, Eric and Mary for helping us all look after the cattle, chickens and the sugar cane.

As the shows become closer the preparations for them become more hectic. The cows get washed and groomed to look their best. The first show that we are attending is at Finch Hatton which is held in June, followed by the Mackay Show also the same month. The same day that the Mackay show finishes, we load all of the cattle onto the truck and Cattle Show Team students head up to the Proserpine Show. It is at these shows that our hard work is rewarded.

Annmarie Marchant-Galvin
**SCHOOL BASED APPRENTICESHIPS/TRAINEESHIPS AVAILABLE**

- **City Beach** at Canelands Shopping Centre has a school based traineeship available **Certificate II in Retail.** This traineeship is available for students in years 10 and 11.
- **Scott from Club Training Australia** will be visiting the school on Wednesday the 24th April 2013 to talk to students who may be interested in a school based traineeship/apprenticeship in the hospitality industry.
- **Keith Hamilton St Store** is looking for casual staff aged 14 to 16. Afternoons and weekends. Drop in your resume, or phone Michelle on 49525 290 for more information.
- Hospitality Traineeships available. See flyer attached for details.

**WORK EXPERIENCE**

- All forms for the year 10 work experience program have been outsourced to the MRAEL Group for processing; students should start to be notified of their placement details within the next 10 days

Mrs Andrea Dearden’s office is in P09
4957 9152
adear20@eq.edu.au

Mrs Sharon Barnard’s office is in P08
4957 9134
sbarn53@eq.edu.au

Andrea Dearden
Vocational Education Training Co-ordinator

Sharon Barnard
HOD Senior Schooling

We are excited to be taking part in the Woolworths Earn & Learn program. You can help our school by collecting Woolworths Earn & Learn Points. Just collect Woolworths Earn & Learn Points when you shop at Woolworths between Monday 8 April and Sunday 9 June 2013. We will redeem these for awesome educational resources for our school (Special Education Unit).

For every $10 spent at Woolworths you will receive a Woolworths Earn & Learn Point. Pop them onto a Woolworths Earn & Learn Points Sheet and once it’s completed, just bring it back to school or drop it into the Collection Box at your local Woolies. The more we collect, the more we can redeem. There are thousands of products available through the Woolworths Earn & Learn program, and we’d like to get lots of new gear! Products in the range include resources for mathematics, English, science, art & crafts, through to sports gear, library supplies and more.

We are grateful for your support and look forward to a successful program. If you have any questions, please ask at school (Mrs Johnson, F Block Staff).
Come along to our region's biggest recruitment drive for school based hospitality!

We are looking for motivated students to work & train in hospitality.

REGISTER YOUR INTEREST TODAY!

   or email to: Heather@clubtraining.com.au

2. Attend Speed Recruitment
   Souths Mackay Leagues
   @ 6.30pm May 30th
   Bring your resume, parent and dress to impress!

3. Attend Sign up & Employment Induction :
   Souths Mackay Leagues
   @ 8.00am to 5.00pm June 6th

Positions Available:
Certificate III Hospitality
Certificate II Kitchen Operations

Get a Nationally Recognised Traineeship
Get paid to work in the exciting hospitality industry
1 day off from school per week to work/train
Train with the leading hospitality industry experts
Possibility to go on to part time or full time work

Nationally Accredited Hospitality Traineeships!
Are you an Aboriginal or Torres Strait Islander person interested in a career in Telecommunications?

Skilled Group Training Services, a member of the SKILLED Group, specialises in the employment and management of Traineeships. Under the Skilled Group’s Indigenous Employment Program, along with a major Telecommunications organisation, Telstra, we are looking to recruit Aboriginal or Torres Strait Islander candidates for Telecommunications Technician Traineeships in the following areas in Queensland:

- Atherton/Mareeba
- Proserpine
- Moranbah
- Cairns
- Mackay
- Roma
- Sarina
- Townsville
- Noosa

What we are offering:

What you will receive:
On-the-job training with one of the largest Telecommunications companies
Nationally recognised qualification
Ongoing coaching, mentoring and support to complete your traineeship

What you must have:
Absolute commitment to complete traineeship
Year 10 Pass
Current Drivers Licence (not under threat)
Positive attitude with good communication skills

Experience is not essential and traineeships are open to male and female

Closing application date: 2 May 2013

Commencement:
Late March or Early April in Brisbane for training, and then on the job training will be back in your area of employment.

If you are interested in the above traineeships, please send your resume to fpickett@skilled.com.au.

A MESSAGE FROM THE OFFICE

Statements for Fees

- Statements have been sent out this week for students’ fees.
- Whenever you Direct Debit any funds to the Mackay SHS bank account please include your STUDENT’s NAME in the reference.
- If you have any questions regarding finances, please either drop in, phone 4957 9179 or email admin@mackayshs.eq.edu.au.
- Please be aware ALL 2013 fees must be paid before your student is permitted to attend any excursion or non-curricular activities.

Until next time

Marg Brown | Business Services Manager
MESSAGE FROM SCHOOL BASED YOUTH HEALTH NURSE

Are you stressed?

What Helps?

⇒ Be aware of your levels of stress
⇒ Take things one at a time
⇒ If you have a problem, try to break it down into smaller parts.
⇒ Start with the easier parts and move on from that success.
⇒ When you are stressed you need support.
⇒ Spend quality time with friends, relatives or children, but choose people who make you feel good.
⇒ Take time out for yourself. Take time to clear your head and relax
  - stretch, listen to music, have a snack, phone or text a friend, have a shower or bath
  - have some fun, meet with friends, go for a walk, watch a funny DVD, try something new
⇒ Avoid ‘quick fixes’ – cigarettes, alcohol or drugs won’t make the problem disappear
⇒ A lot of stress comes from worrying about what MIGHT happen.
⇒ Try not to spend too much time worrying about things that are causing you stress.
⇒ You don’t have to manage stress on your own – it’s a good idea to talk to someone (eg school nurse, chaplain or guidance, doctor or other adult you can trust) about how you are feeling.

Information and support is also available from:
⇒ www.beyondblue.org.au or www.youthbeyondblue.com
⇒ Headspace has services for young people aged 12-25, to make an appointment please call 48982200 or www.headspace.org.au

Delma Spindler  School Nurse
Mackay State High School  49579132 (Monday, Tuesday & Wednesday)
Calen District State College  49497333 (Thursday)

MESSAGE FROM PHYSICAL EDUCATION DEPARTMENT

Cross Country Results

The school cross country was held week 2 Wednesday 24th April with many students participating and representing the school. Congratulations to the Winners of each age group who were selected to represent the school at Mackay District cross country on Wednesday 1st May.

13 years Boy – Hayden Swain
13 year Girl – Lauren Morgan
14 year Boy – Anthony Draper
14 Year Girl – Shannyn Flynn
15 year Boy – Ryan Mumford
15 year Girl – Allysha Grant
16 year Boy – Dieter Stephens
16 year Girl – Maddison Harvey
Open Boy – Liam Mumford
Open Girl – Sophie Arnold
Are you a Year 9 or 10 student interested in science, engineering or technology?

Then this is YOUR INVITATION to The ConocoPhillips Science Experience!

This 3 or 4 day program conducted across 35 Australian universities and tertiary campuses will offer you hands-on laboratory activities, interactive lectures and information on future study and possible careers while meeting current University students.

The Townsville Experience is being held 2-4 October 2013.

ALL STUDENTS are welcome to attend!

The full cost for a student to participate in the Science Experience 3 day program is $115 and the 4 day program is $150. The ConocoPhillips Science Experience is a Rotary supported project, and local Rotary clubs are often willing to sponsor students.

If you are interested please see Miss Fox in G8 Science Staffroom to collect a brochure!

For more information please visit www.scienceexperience.com.au

The year’s Annual Whitsunday Voice Youth Literature Festival is being held from Weds 17th to Sat 20th July and a couple of competitions are held in conjunction with the Festival. The Short Story Competition is divided into the following categories:

- Years 7 and 8: 400 – 600 words – 1st Prize - $100.00, 2nd Prize - $50.00 book voucher
- Years 9 and 10: 600 – 800 words – 1st Prize - $150.00, 2nd Prize - $70.00 book voucher
- Years 11 and 12: 800 –1200 words – 1st Prize - $200.00, 2nd Prize - $100.00 book voucher

The closing date for the competition is 3pm on Tuesday 11th June and the winners will be announced at the Festival Launch on Wednesday 17th July, 2013.

The other competition is the LITVIDS Book Trailer Competition. Book Trailer ?????? .......... a book trailer is the same thing as a movie trailer, but they just get people interested in reading a book rather than watching a movie. So they are a short piece of multimedia which brings a book to life – on screen!

If you are between 12 and 19 years of age, are interested in film-making or animation, or multimedia in general and would like to go in the running to win some cash then LITVIDS could be for you. Tristan Bancks is coming to Mackay to conduct two workshops on Wednesday, May 15. 5.00pm - 7.30pm) and on Saturday, May 18. 10.00am - 3.00pm. Bookings essential!

MSHS has been successful in an application for funding made available under the BMC Pathways to Performance Grant—a joint initiative of the MECC and BHP Mitsui Coal.

MSHS students have received funding to cover tickets to a performance and workshop for Animal Farm on Saturday 27th April 2013.

Are you a Year 11 student?
Are you a permanent resident of Australia?
Are you planning to study science, engineering or technology at university?

If you answered, “YES” to all of the above questions then you should apply for the National Youth Science Forum (NYSF)!

This unique program will offer you the opportunity to form friendships, gain an insider’s perspective on campus life, and experience real science at a range of laboratories and workshops AND test drive careers in the fields of science, engineering and technology.

Applications Open NOW and close 31 May 2013!

MSHS has been successful in an application for funding made available under the BMC Pathways to Performance Grant—a joint initiative of the MECC and BHP Mitsui Coal. MSHS students have received funding to cover tickets to a performance and workshop for Animal Farm on Saturday 27th April 2013.
**RSPCA Million Paws Walk 2013**

**SUNDAY 19 MAY**

GOOSE FONDS • PIONEER POOL ENTRANCE
MALCOLMSON ST • MACKAY

**JOIN THE WALK**

TO RAISE MONEY AND AWARENESS FOR ANIMAL CARE IN QLD

Event opens at 7.30am for 9.00am start 2.5 km distance.

Register on the day from 7.30am at the Gooseponds
Collect your Pet Sponsorship Form [HERE NOW!]

Proudly supported by

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**Seize the Day**

**study awards**

Grants for young people affected by cancer

**What?**
Cancer Council Queensland’s Seize the Day Study Awards are financial grants of $2000 to $5000 to help with the costs of post-secondary education.

**How?**
Applications are open from April to July each year, with recipients announced in December. To apply or for more information, visit [www.cancerqld.org.au](http://www.cancerqld.org.au) or call the Cancer Council Helpline on 13 11 20.

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**another fabulous education opportunity from the MECC**

Read on to see how you can involve your students in an extraordinary opportunity to learn about North QLD History, to discover more about “love” in the Pioneer days. To see a Film Australia documentary complete with curriculum studies based on the documentary. And have the total education experience culminate in a visit to the MECC to see one of the descendants of this historical drama tell her story through song.

Singer songwriter Megan Samardon was born and raised in Mt Isa. Her performance of Little Birung tells the stories of six generations of her family – particularly the very strong, sometimes tough, but always loving women in her family.

Megan had a great love of music and started singing when she was six. Over the last seven years, Megan has been working on a show about her family history, Little Birung. Little Birung is about Megan’s family history and the relationship she has with her Great-Grandmother, Phoebe Ransley. Grassy Flora has both Aboriginal and Russian ancestry. Her father Leandro Wallis came from Russia and settled on the Atherton Tablelands. He married a Ngadjeri lady called Kitty Clarke. At that time, it was against the law for non-Indigenous people to marry Indigenous people. The police were going to take Kitty and her children to Palm Island, but Leandro did everything he could to keep his family together.

The story of Megan Samardon’s great-grandparents has been made into a documentary film called Pioneers of Love (Julie Nimm, 2005).

Through a powerful personal story, Pioneers of Love gives us insight into the complex social and historical realities of life for immigrants and Indigenous people back in the early days of white settlement.


If you would like your students to be exposed to this fabulous opportunity, please contact meccsalesandmarketing@mackay.qld.gov.au

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**MECC, PO Box 1080, Mackay Mail Centre QLD 4740 | [WEB](http://www.mackayccc.com.au) | [EMAIL](mailto:meccsalesandmarketing@mackay.qld.gov.au) | [BOX OFFICE 4961 9777](tel:49619777)**